

CHA and Opioid Safety



Don Stader, MD, FACEP

President Elect, CO-ACEP

ED Associate Medical Director, Swedish Medical Center

Senior Pain Management and Opioid Policy Advisor, CHA

Colorado Opioid Safety Pilot

- Utilized Colorado ACEP 2017 Opioid Prescribing & Treatment Guidelines
- 10 hospital emergency departments (EDs) around the state
- Six-month pilot: June – November 2017
- Focused on limiting exposure to opioids through use of Alternatives to Opioids (ALTOs)

Partners



COLORADO CHAPTER
American College of Emergency Physicians
ADVANCING EMERGENCY CARE



Pilot Overall Results

36%



in opioid
administration

Measured in
MEUs/1,000 ED visits
across all 10 EDs
2017 vs. 2016

31%



in ALTO
administration

35,000

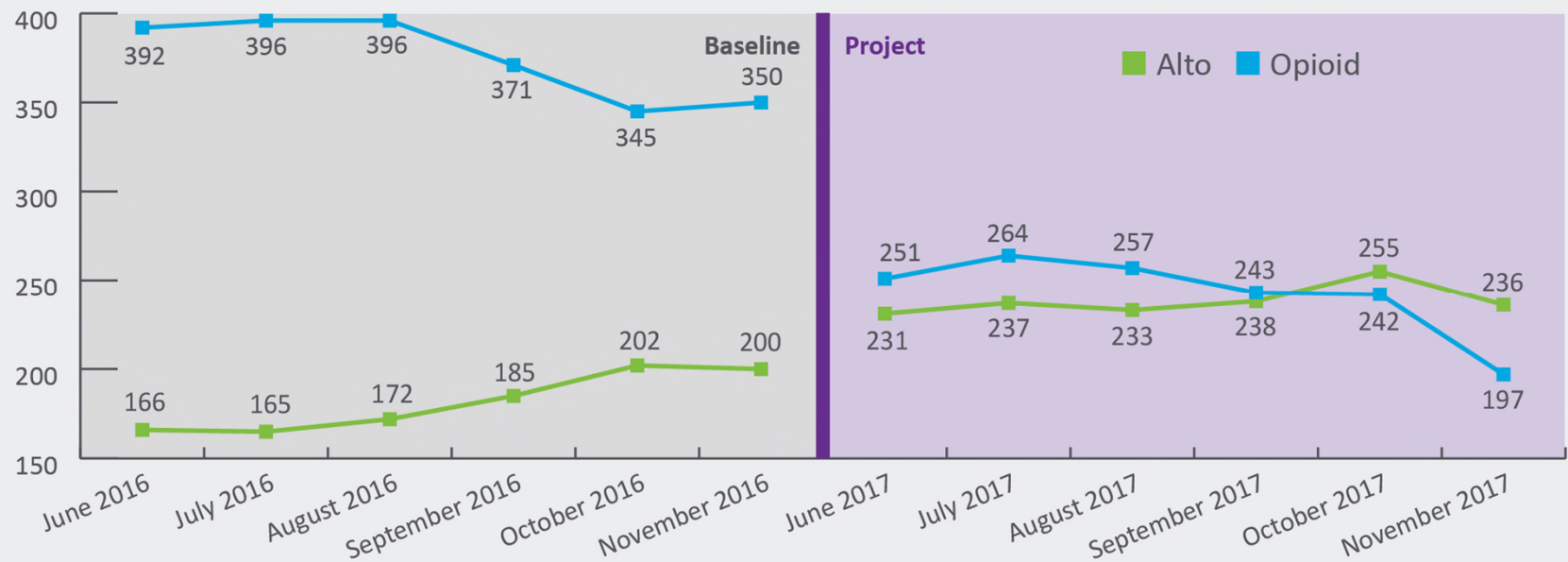
fewer projected
opioid
administrations
during the pilot than
during the baseline
period

Overall Results – by Site

Percent Change from Baseline in MEUs per 1,000 ED Visits



ALTO vs. Opioid Use Over Time



Patient Satisfaction

ED Specific HCAHPS Questions:

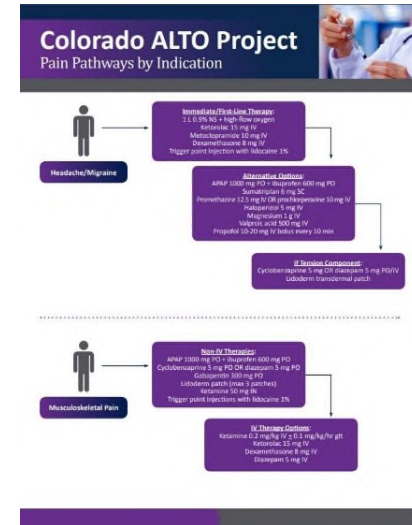
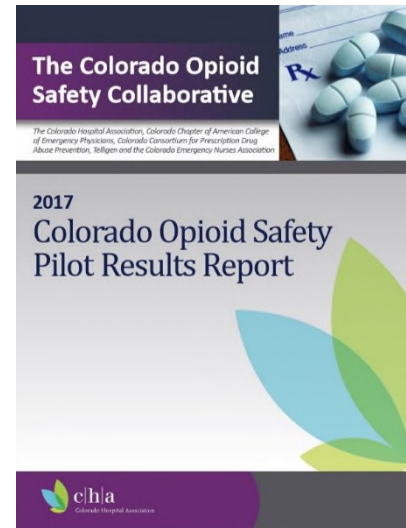
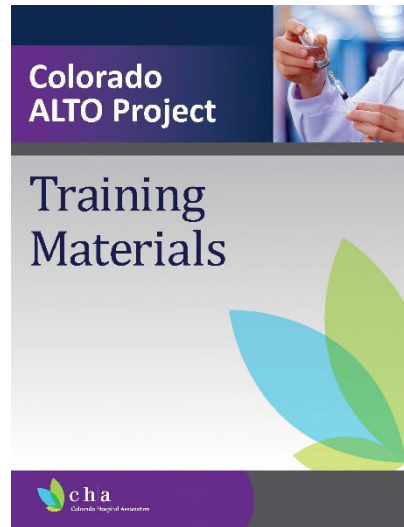
1. How well was your pain controlled?
2. How likely are you to recommend this ED?

There were no significant differences in HCAHPS scores between the baseline and project period.

Colorado ALTO Project

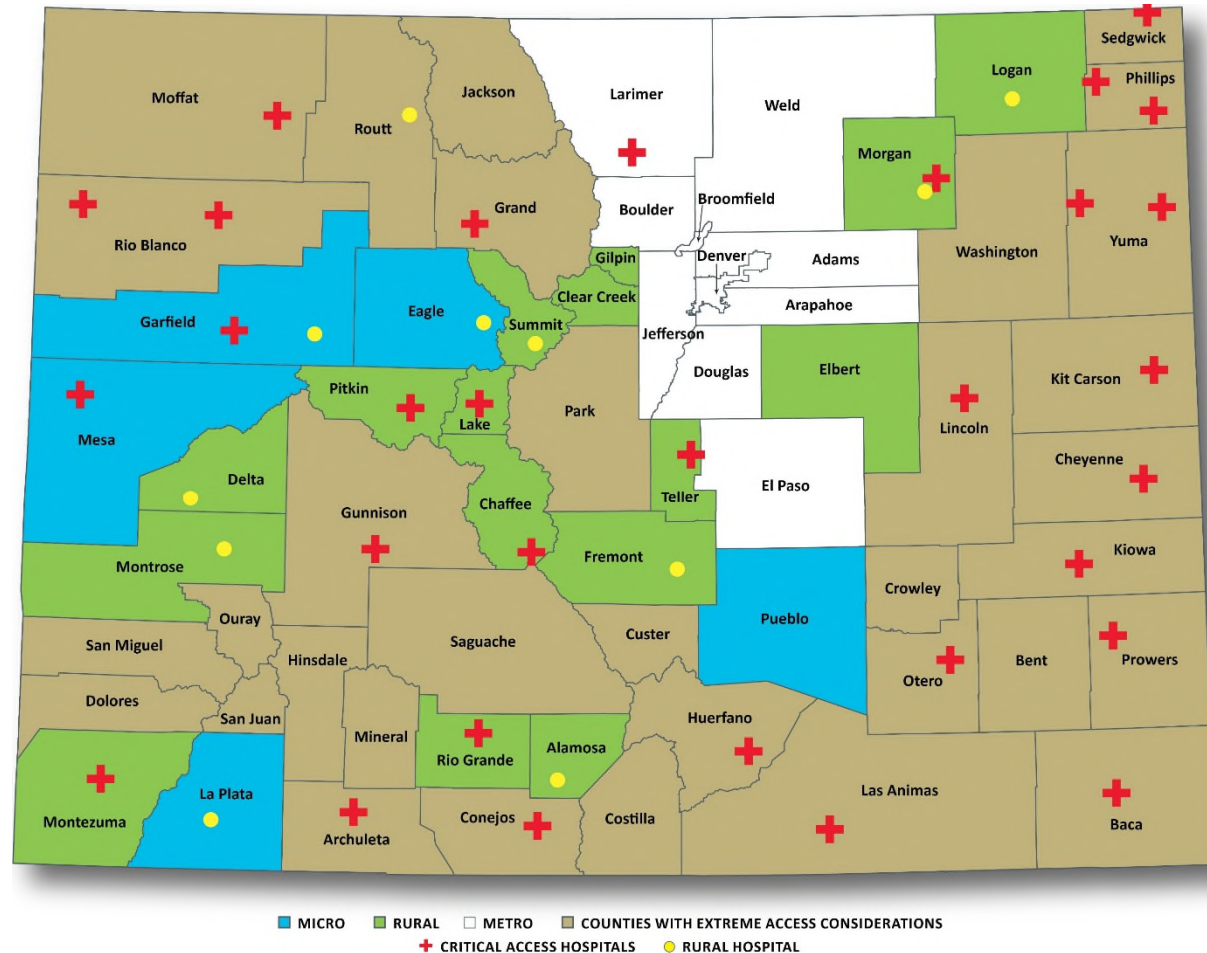
- Rolls out the successful Colorado Opioid Safety Pilot statewide
- Regional trainings
- On-demand videos
- Toolkits
- Additional resources

www.cha.com/ALTO



Colorado ALTO Project

- **9** regional trainings, including customized training for large systems
- **83** hospitals and health systems trained by October (95% of all acute care hospitals and CAHs)
- **200** participants trained to-date
- ED Physicians, ED Nurses, Pharmacists, IT/Data Support
- Hospitals in varying stages of implementation but all engaged and moving forward



Beyond Colorado

- Federal legislation in the House and Senate to provide grant funding for ALTO projects in hospital EDs (passed the House; likely to pass the Senate this fall)
- HRET HIIN award – CHA honored by the American Hospital Association Health Research and Educational Trust for patient safety work, including the Opioid Safety Pilot
- Alteryx “Outstanding Game Changer” award for data and quality improvement initiative work on Opioid Safety Pilot
- Resources provided to other state hospital associations; numerous presentations given nationally on the pilot program



MAT in the ED Pilot

- Award funding from Colorado Office of Behavioral Health through two-year SAMHSA State Targeted Response to the Opioid Crisis Grant
- Two pilot hospitals – St. Anthony North Health Campus and University of Colorado Hospital
- Introduces medication assisted treatment (MAT) in the ED
- Combines MAT with a “warm handoff” – or care coordination with a substance use disorder specialist for long-term treatment
- Pilot timeframe: April 2018 – April 2019

What's Next

CHA

- Based on results of MAT in the ED pilot, expand to the rest of the state.
- Based on the Colorado ALTO Project, which focused on EDs, expand to other areas within the hospital:
 - Hospitalists treating inpatients
 - Surgeons prescribing opioids for post-surgical pain
- The CHASE board has approved the HQIP workgroup recommendation to incentivize ED ALTO implementation in 2019.
- Focus on care coordination / tools for ED physicians & warm handoff

Beyond CHA

- Broaden Medication Assisted Treatment
 - Improved access to non-clinical and non-reimbursable services
 - Support greater access to Naloxone (Narcan)
 - Continue addressing stigma